

Colfax Cycle Menu
Cycle #1: January - May

Week 1	Monday	Tuesday	Wednesday	Thursday Jan. 2	Friday Jan. 3
Jan. 2 - 3, 2020	Breakfast Yogurt Peaches Granola Milk P.M. Snack Celery & Carrots Hard boiled eggs	Breakfast Kix Cereal D-Pears Milk P.M. Snack Cottage Cheese Pineapple	Breakfast English Muffins Strawberries, Milk P.M. Snack Animal Crackers Applesauce	Breakfast Biscuits w preserves Dried Mango, Milk P.M. Snack Banana Bread R D-Peaches	Breakfast Hard Boiled Eggs Bananas, Milk P.M. Snack Apple Slices Graham Crackers

Week 2	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Jan. 6 - 10, 2020	Breakfast Biscuits w Preserves Applesauce, Milk P.M. Snack Orange Slices, Ritz Crackers, Cheese	Breakfast Cheerios D-Pears, Milk P.M. Snack Pita Slices, Hummus Red & Green Pepper	Breakfast Toast w Butter Bananas, Milk P.M. Snack Oatmeal Bread R Sliced Apples	Breakfast Hard Boiled Eggs Mixed Fruit, milk P.M. Snack Carrots & Cauliflo- wer, Ranch, Goldfish	Breakfast Strawberry Yogurt Granola, D-Peaches Milk P.M. Snack Teddy Grahams Dried Mango

Week 3	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Jan. 13-17, 2020	Breakfast Life Cereal Cantaloupe, Milk P.M. Snack Broccoli & Cauliflo- wer (Ranch), Triscuit	Breakfast Bagels & Cream Cheese, D-Peaches Milk P.M. Snack Vanilla Yogurt Mixed Berries	Breakfast Toast w butter Apricots, Milk P.M. Snack Cheeze-Its Crackers Bananas	Breakfast Corn Flakes Pineapple, Milk P.M. Snack Blueberry Bread R Applesauce	Breakfast Hard Boiled Eggs Blueberries, Milk P.M. Snack Cheese Sticks Celery/Carrots, Ranch

Whole Milk is served to children age 12 months - 24 months; Fat Free Milk is served to children 24 months and up. Water with snack.
CN Label/Product Formulation Statement (Purple) Recipe on file (Blue) Sugar Restriction Documentation on file (Green)
Whole Grain Rich (Orange) Vitamin A (Red) **USDA is an equal opportunity provider, employer, and lender.**

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Week 4	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Jan. 21-24, 2020	Breakfast Strawberry Yogurt Bananas, Milk P.M. Snack Dried Mangos Rice Cakes	Breakfast Hard Boiled Eggs Mixed Fruit, Milk P.M. Snack Tortilla Chips, Salsa D-Pears	Breakfast Rice Crispies Honey Dew, Milk P.M. Snack Celery & Cauliflower Ranch, Triscuits	Breakfast English Muffins Blueberries, Milk P.M. Snack Red & Green Pepper Hummus, Ritz	Breakfast Bagels & Cream Cheese, Apricots Milk P.M. Snack Cottage Cheese Mandarin Oranges

Week 5	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Jan. 27-31, 2020	Breakfast Toast w Preserves Pineapple, Milk P.M. Snack Hard boiled eggs tomatoes/carrots	Breakfast Banana Muffins R Applesauce, Milk P.M. Snack Vanilla Yogurt Mixed Berries	Breakfast Little Bites Cereal Mandarin Oranges Milk P.M. Snack Bagels, Cream Cheese Mixed Fruit	Breakfast Bagels & Cream Cheese, D-Peaches Milk P.M. Snack Snap Peas & Carrots Wheat Thins	Breakfast Corn Chex Cereal Sliced Apples Milk P.M. Snack Goldfish Crackers Bananas

Week 6	Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Feb. 3-7, 2020	Breakfast Pumpkin Bread Dried Mangos P.M. Snack Biscuits w preserves D-Peaches	Breakfast Hard Boiled Eggs Toast, Mandarin Oranges, Milk P.M. Snack Teddy Grahams Applesauce	Breakfast Vanilla Yogurt Mixed Berries, Milk P.M. Snack Banana Muffins Mixed Fruit	Breakfast Rice Chex Cereal Sliced Apples P.M. Snack Triscuits Hummus D-Cucumbers	Breakfast Biscuits w preserves Bananas, Milk P.M. Snack Carrots & Green Pepper Cheese Slices

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Week 1	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Feb 10-14, 2020	Breakfast Yogurt Peaches Granola Milk P.M. Snack Celery & Carrots Hard boiled eggs	Breakfast Kix Cereal D-Pears Milk P.M. Snack Cottage Cheese Pineapple	Breakfast English Muffins Strawberries, Milk P.M. Snack Animal Crackers Applesauce	Breakfast Biscuits w preserves Dried Mango, Milk P.M. Snack Banana Bread R D-Peaches	Breakfast Hard Boiled Eggs Bananas, Milk P.M. Snack Apple Slices Graham Crackers

Week 2	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Feb 17-21, 2020	Breakfast Biscuits w Preserves Applesauce, Milk P.M. Snack Orange Slices, Ritz Crackers, Cheese	Breakfast Cheerios D-Pears, Milk P.M. Snack Pita Slices, Hummus Red & Green Pepper	Breakfast Toast w Butter Bananas, Milk P.M. Snack Oatmeal Bread R Sliced Apples	Breakfast Hard Boiled Eggs Mixed Fruit, milk P.M. Snack Carrots & Cauliflo- wer, Ranch, Goldfish	Breakfast Strawberry Yogurt Granola, D-Peaches Milk P.M. Snack Teddy Grahams Dried Mango

Week 3	Monday 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Feb 24-28, 2020	Breakfast Life Cereal Cantaloupe, Milk P.M. Snack Broccoli & Cauliflo- wer (Ranch), Triscuit	Breakfast Bagels & Cream Cheese, D-Peaches Milk P.M. Snack Vanilla Yogurt Mixed Berries	Breakfast Toast w butter Apricots, Milk P.M. Snack Cheeze-Its Crackers Bananas	Breakfast Corn Flakes Pineapple, Milk P.M. Snack Blueberry Bread R Applesauce	Breakfast Hard Boiled Eggs Blueberries, Milk P.M. Snack Cheese Sticks Celery/Carrots, Ranch

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Week 4	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Mar 2-6, 2020	Breakfast Strawberry Yogurt Bananas, Milk P.M. Snack Dried Mangos Rice Cakes	Breakfast Hard Boiled Eggs Mixed Fruit, Milk P.M. Snack Tortilla Chips, Salsa D-Pears	Breakfast Rice Crispies Honey Dew, Milk P.M. Snack Celery & Cauliflower Ranch, Triscuits	Breakfast English Muffins Blueberries, Milk P.M. Snack Red & Green Pepper Hummus, Ritz	Breakfast Bagels & Cream Cheese, Apricots Milk P.M. Snack Cottage Cheese Mandarin Oranges

Week 5	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Mar 9-13, 2020	Breakfast Toast w Preserves Pineapple, Milk P.M. Snack Hard boiled eggs tomatoes/carrots	Breakfast Banana Muffins R Applesauce, Milk P.M. Snack Vanilla Yogurt Mixed Berries	Breakfast Little Bites Cereal Mandarin Oranges Milk P.M. Snack Bagels, Cream Cheese Mixed Fruit	Breakfast Bagels & Cream Cheese, D-Peaches Milk P.M. Snack Snap Peas & Carrots Wheat Thins	Breakfast Corn Chex Cereal Sliced Apples Milk P.M. Snack Goldfish Crackers Bananas

Week 6	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Mar 16-20, 2020	Breakfast Pumpkin Bread Dried Mangos P.M. Snack Biscuits w preserves D-Peaches	Breakfast Hard Boiled Eggs Toast, Mandarin Oranges, Milk P.M. Snack Teddy Grahams Applesauce	Breakfast Vanilla Yogurt Mixed Berries, Milk P.M. Snack Banana Muffins Mixed Fruit	Breakfast Rice Chex Cereal Sliced Apples P.M. Snack Triscuits Hummus D-Cucumbers	Breakfast Biscuits w preserves Bananas, Milk P.M. Snack Carrots & Green Pepper Cheese Slices

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Week 1	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Mar 23-27, 2020	Breakfast Yogurt Peaches Granola Milk P.M. Snack Celery & Carrots Hard boiled eggs	Breakfast Kix Cereal D-Pears Milk P.M. Snack Cottage Cheese Pineapple	Breakfast English Muffins Strawberries, Milk P.M. Snack Animal Crackers Applesauce	Breakfast Biscuits w preserves Dried Mango, Milk P.M. Snack Banana Bread R D-Peaches	Breakfast Hard Boiled Eggs Bananas, Milk P.M. Snack Apple Slices Graham Crackers

Week 2	Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
Mar 30-Apr 3	Breakfast Biscuits w Preserves Applesauce, Milk P.M. Snack Orange Slices, Ritz Crackers, Cheese	Breakfast Cheerios D-Pears, Milk P.M. Snack Pita Slices, Hummus Red & Green Pepper	Breakfast Toast w Butter Bananas, Milk P.M. Snack Oatmeal Bread R Sliced Apples	Breakfast Hard Boiled Eggs Mixed Fruit, milk P.M. Snack Carrots & Cauliflo- wer, Ranch, Goldfish	Breakfast Strawberry Yogurt Granola, D-Peaches Milk P.M. Snack Teddy Grahams Dried Mango

Week 3	Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Apr 6-10, 2020	Breakfast Life Cereal Cantaloupe, Milk P.M. Snack Broccoli & Cauliflo- wer (Ranch), Triscuit	Breakfast Bagels & Cream Cheese, D-Peaches Milk P.M. Snack Vanilla Yogurt Mixed Berries	Breakfast Toast w butter Apricots, Milk P.M. Snack Cheeze-Its Crackers Bananas	Breakfast Corn Flakes Pineapple, Milk P.M. Snack Blueberry Bread R Applesauce	Breakfast Hard Boiled Eggs Blueberries, Milk P.M. Snack Cheese Sticks Celery/Carrots, Ranch

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Apr 13-17, 2020	Breakfast Strawberry Yogurt Bananas, Milk P.M. Snack Dried Mangos Rice Cakes	Breakfast Hard Boiled Eggs Mixed Fruit, Milk P.M. Snack Tortilla Chips, Salsa D-Pears	Breakfast Rice Crispies Honey Dew, Milk P.M. Snack Celery & Cauliflower Ranch, Triscuits	Breakfast English Muffins Blueberries, Milk P.M. Snack Red & Green Pepper Hummus, Ritz	Breakfast Bagels & Cream Cheese, Apricots Milk P.M. Snack Cottage Cheese Mandarin Oranges

Week 5	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Apr 20-24, 2020	Breakfast Toast w Preserves Pineapple, Milk P.M. Snack Hard boiled eggs tomatoes/carrots	Breakfast Banana Muffins R Applesauce, Milk P.M. Snack Vanilla Yogurt Mixed Berries	Breakfast Little Bites Cereal Mandarin Oranges Milk P.M. Snack Bagels, Cream Cheese Mixed Fruit	Breakfast Bagels & Cream Cheese, D-Peaches Milk P.M. Snack Snap Peas & Carrots Wheat Thins	Breakfast Corn Chex Cereal Sliced Apples Milk P.M. Snack Goldfish Crackers Bananas

Week 6	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 1
Apr 27-May 1	Breakfast Pumpkin Bread Dried Mangos P.M. Snack Biscuits w preserves D-Peaches	Breakfast Hard Boiled Eggs Toast, Mandarin Oranges, Milk P.M. Snack Teddy Grahams Applesauce	Breakfast Vanilla Yogurt Mixed Berries, Milk P.M. Snack Banana Muffins Mixed Fruit	Breakfast Rice Chex Cereal Sliced Apples P.M. Snack Triscuits Hummus D-Cucumbers	Breakfast Biscuits w preserves Bananas, Milk P.M. Snack Carrots & Green Pepper Cheese Slices

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