

CHILD CARE CENTER

Menu for : December 2019 CCCC

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST 2 Cheerios Sliced Apples Milk	BREAKFAST 3 Biscuits, Preserves Peaches, Milk	BREAKFAST 4 Vanilla Yogurt Mixed Berries, Milk	BREAKFAST 5 Hard Boiled Eggs Sliced Oranges, Milk	BREAKFAST 6 Bagels, Cream Cheese Bananas, Milk
P.M. SNACK Gold Fish, Bananas, Water	P.M. SNACK Orange Cheese Carrot Sticks, Ranch, H2O	P.M. SNACK Teddy Grahams D-Pears	P.M. SNACK Blueberry Muffins R 100% Apple Juice	P.M. SNACK Wheat Thins water Red peppers, ranch
BREAKFAST 9 WW Toast Sliced Apples, Milk	BREAKFAST 10 Rice Chex Pears, Milk	BREAKFAST 11 Pumpkin Muffins Sliced Oranges, Milk	BREAKFAST 12 Biscuits, Preserves Bananas, Milk	BREAKFAST 13 Vanilla Yogurt, Peaches Milk
P.M. SNACK Carrots, Red Pepper, Hummus, Triscuits	P.M. SNACK Cottage Cheese Pineapple, water	P.M. SNACK Hard Boiled Eggs, Mixed Fruit, Water	P.M. SNACK Rice Cakes 100% Grape Juice	P.M. SNACK Blueberry Muffins R Unred mangos, water
BREAKFAST 16 Little Bites Cereal Cantaloupe, Milk	BREAKFAST 17 Oat Muffins Bananas, Milk	BREAKFAST 18 Hard Boiled Eggs, Sliced Oranges, Milk	BREAKFAST 19 Biscuits, Preserves Mixed Berries, Milk	BREAKFAST 20 Rice Chex D-Pears, Milk
P.M. SNACK Fresh Strawberries, yogurt, water	P.M. SNACK Broccoli & Cauliflower Ranch, Milk	P.M. SNACK Teddy Grahams Sliced Apples, Water	P.M. SNACK Orange Cheese Carrot Sticks, Ranch, H2O	P.M. SNACK Gold Fish, Unred Apricots, water
BREAKFAST 23 Pumpkin Bread D-Pears Milk	BREAKFAST 24 CENTER CLOSED HOLIDAY	BREAKFAST 25 CENTER CLOSED HOLIDAY	BREAKFAST 26 Cheerios Sliced Oranges, Milk	BREAKFAST 27 Rice Chex Applesauce, Milk
P.M. SNACK Animal Crackers, Sun Butter Apple Slices			P.M. SNACK Wheat Thins Hummus, Red & Green Peppers	P.M. SNACK String Cheese, Unred Apricots, water
BREAKFAST 30 WW Toast Blueberries Milk	BREAKFAST 31 Biscuits, Preserves Sliced Oranges, Milk			
P.M. SNACK Goldfish Carrots & Celery, Ranch	P.M. SNACK Graham Crackers, Bananas			

Fat Free Milk is served 24 months and up

CN: Child Nutrition Label/PFS: Product Formulation Statement (PURPLE) Recipe on file (BLUE) Sugar Restriction Documentation on file (GREEN)

WGR: Whole Grain Rich (ORANGE)

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