

CHILD CARE CENTER

Menu for : November 2019 CCCC

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| BREAKFAST | | | | BREAKFAST 1 Bagels, Cream Cheese Bananas, Milk |
| | | | | P.M. SNACK Wheat Thins water Red peppers, Ranch |
| BREAKFAST 4 Cheerios Mixed Berries, Milk | BREAKFAST 5 Vanilla Yogurt, Mandarin Oranges, Milk | BREAKFAST 6 WW Toast 100% Orange Juice, Milk | BREAKFAST 7 Rice Chex Pears, Milk | BREAKFAST 8 Pumpkin Muffins 100% Grape Juice |
| P.M. SNACK Dried Mangos Rice Cakes Water | P.M. SNACK Blueberry Muffins R 100% Apple Juice | P.M. SNACK Cottage Cheese Pineapple, water | P.M. SNACK Carrot Sticks, Hummus 100% Orange Juice | P.M. SNACK Hard Boiled Eggs, Mixed Fruit, Water |
| BREAKFAST 11 Little Bites Cereal Cantaloupe, Milk | BREAKFAST 12 Bagels, Cream Cheese 100% Orange, Milk | BREAKFAST 13 Oat Muffins Dried Apricots, Milk | BREAKFAST 14 Biscuits, Preserves 100% Grape Juice, Milk | BREAKFAST 15 Yogurt D-Peaches, Milk |
| P.M. SNACK Fresh Strawberries, Yogurt, water | P.M. SNACK Gold Fish, Bananas, Water | P.M. SNACK Graham Crackers, 100% Apple Juice | P.M. SNACK Orange Cheese Carrot sticks, Ranch, H2O | P.M. SNACK Triscuits 100% Orange Juice |
| BREAKFAST 18 Hard Boiled Eggs, Mixed Berries, Milk | BREAKFAST 19 Yogurt Bananas Milk | BREAKFAST 20 WW Toast, Apple Slices Milk | BREAKFAST 21 Pumpkin Bread 100% Grape Juice, Milk | BREAKFAST 22 Rice Chex D-Pears, Milk |
| P.M. SNACK Gold Fish, 100% Orange Juice | P.M. SNACK Blueberry Muffins Dried mangos, water | P.M. SNACK Broccoli & Cauliflower with Ranch, Milk | P.M. SNACK Wheat Thins Hummus, Red & Green Peppers | P.M. SNACK Animal Crackers, Sun Butter 100% Apple Juice |
| BREAKFAST 25 Granola, Vanilla Yogurt Blueberries Milk | BREAKFAST 26 Biscuits, Preserves Applesauce, Milk | BREAKFAST 27 Little Bites Cereal 100% Orange Juice, Milk | 28 | 29 |
| | | | CLOSED - Thanksgiving | CLOSED - Thanksgiving |
| P.M. SNACK Milk Carrots & Celery, Ranch | P.M. SNACK Graham Crackers, 100% Grape Juice | String Cheese, Dried Apricots, water | | |

Fat Free Milk is served 24 months and up

CN: Child Nutrition Label/PFS: Product Formulation Statement (PURPLE) Recipe on file (BLUE) Sugar Restriction Documentation on file (GREEN)

WGR: Whole Grain Rich (ORANGE)

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