

COMMUNITY CHILD CARE CENTER

Menu for : October 2018 CCCC

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST 1 Life Cereal(WGR) Banana, Milk</p> <p>LUNCH Chicken Patti on WW Bun Baked French Fries DS-Apple Slices Milk</p> <p>P.M. SNACK Graham Crackers Sun butter, Milk</p>	<p>BREAKFAST 2 Cinnamon Toast, D-Cantaloupe, Milk</p> <p>LUNCH Beef Taco WW Tortilla(WGR) Refried Beans Cheese, Salsa *Mixed Fruit Milk</p> <p>P.M. SNACK Chex Mix Milk</p>	<p>BREAKFAST 3 Pumpkin Muffins R Applesauce, Milk</p> <p>LUNCH Turkey, Cheese Wraps D-Dark Green Salad DS Orange Slices Milk</p> <p>P.M. SNACK Yogurt, Granola, Water</p>	<p>BREAKFAST 4 D Bagels, Cream Cheese D-Pears, Milk</p> <p>LUNCH Biscuits w/Strawberry Pres. Hash browns Scrambled Eggs D-Pears Milk</p> <p>P.M. SNACK Tortilla Chips & Salsa Milk</p>	<p>BREAKFAST 5 Cream of Wheat Strawberries, Milk</p> <p>LUNCH Teriyaki Chicken Brown Rice DS-Fresh Red Peppers D-Pineapple Milk</p> <p>P.M. SNACK Oatmeal Squares Milk</p>
<p>BREAKFAST 8 Applesauce Muffins R Pears, Milk</p> <p>LUNCH Cheesy Chicken Quesadilla (WGR) DS-Fresh Broccoli D-Orange Slices Milk</p> <p>P.M. SNACK Tootie Fruit Dip, Graham crackers, Water</p>	<p>BREAKFAST 9 Corn Chex(WGR) Strawberries, Milk</p> <p>LUNCH Bean & Macaroni Soup WW Saltines Corn D-Peaches Milk</p> <p>P.M. SNACK DS-Carrots and Celery W/Ranch, Apple Juice</p>	<p>BREAKFAST 10 English Muffins Apricots, Milk</p> <p>LUNCH Beef Sloppy Joes WW Bun DS-Green Pepper Slices Mixed Fruit Milk</p> <p>P.M. SNACK Blueberry Muffins Milk</p>	<p>BREAKFAST 11 Golden Apple Oatmeal Orange Juice, Milk</p> <p>LUNCH Macaroni & Cheese w/ Tuna D-Green Beans D Pears Milk</p> <p>P.M. SNACK Teddy Grams Blueberries, Water</p>	<p>BREAKFAST 12 Rice Krispies, Banana, Milk</p> <p>LUNCH Chicken, Broccoli Salad w/Ranch Dressing Wheat Thins DS Orange Slices Milk</p> <p>P.M. SNACK String cheese, Sliced Apples, Water</p>
<p>BREAKFAST 15 Peach Muffins Orange Juice, Milk</p> <p>LUNCH Porcupines Sliders (turkey) WW Bun Sweet Potato Fries DS Fresh Apple Slices Milk</p> <p>P.M. SNACK Yogurt, Granola, Blueberries, Milk</p>	<p>BREAKFAST 16 WW Waffles Applesauce, Milk</p> <p>LUNCH Egg Salad WW Bread DS-Fresh Cucumbers D Orange Slices Milk</p> <p>P.M. SNACK *Tortilla Chips & Salsa Milk</p>	<p>BREAKFAST 17 Biscuits & Gravy Peaches, Milk</p> <p>LUNCH Beef Chili Corn Bread D-Dark Green Salad DS Fresh Apple Slices Milk</p> <p>P.M. SNACK Oatmeal Squares Grape Juice</p>	<p>BREAKFAST 18 Cheerios (WGR), Milk Banana Smoothies Bananas</p> <p>LUNCH Turkey Mixed Up Stroganoff Mix Veggies Pears Milk</p> <p>P.M. SNACK Rice Cakes & String Cheese, Water</p>	<p>BREAKFAST 19 WW Toast DS-Cantaloupe, Milk</p> <p>LUNCH Fish Sticks Brown Rice(WGR) DS-Green Peppers D-Mandarin Oranges Milk</p> <p>P.M. SNACK Blueberry Bagels Cream Cheese, Milk</p>
<p>BREAKFAST 22 Eggs & Cheese Quesadilla (WGR) Banana, Milk</p> <p>LUNCH Turkey & Swiss Dip on WW Roll Italian Au Jus Fresh Broccoli Mixed Fruit Milk</p> <p>P.M. SNACK Cottage Cheese Pineapple, Water</p>	<p>BREAKFAST 23 Cheerios (WGR) Applesauce, Milk</p> <p>LUNCH Beef Spaghetti WW Garlic Bread Green Beans D-Oranges Milk</p> <p>P.M. SNACK Chex Mix Milk</p>	<p>BREAKFAST 24 French Toast, Pears Milk</p> <p>LUNCH BBQ Chicken WW Bun DS-Green Peppers DS-Apple Slices Milk</p> <p>P.M. SNACK DS-Carrots & Celery, Hummus, Milk</p>	<p>BREAKFAST 25 Yogurt, Blueberries Granola, Milk</p> <p>LUNCH Grilled Cheese w/WW Bread Tomato Soup DS-Cucumber Slices Peaches, Milk</p> <p>P.M. SNACK Applesauce Bread Milk</p>	<p>BREAKFAST 26 Cinnamon Toast D-Apricots, Milk</p> <p>LUNCH Chicken Nuggets Steamed Mixed Veggies Pineapple Milk</p> <p>P.M. SNACK Hard Boiled Eggs, Wheat Thins, Water</p>
<p>BREAKFAST 29 Biscuits, Preserves Peaches, Milk</p> <p>LUNCH Chic Penne w/Chicken D-Dark Green Salad Pear Milk</p> <p>P.M. SNACK String Cheese Rice Crackers, Water</p>	<p>BREAKFAST 30 Kix Cereal Orange Smoothie, Milk Banana</p> <p>LUNCH Tuna Salad Sandwich WW Bread DS-Carrots Sticks DS-Apple Slices Milk</p> <p>P.M. SNACK Cottage Cheese Mand. Oranges, Water</p>	<p>BREAKFAST 31 English Muffins, Preserves Banana, Milk</p> <p>LUNCH Red Beans and Rice Shredded cheese DS-Green Peppers Pineapple Milk</p> <p>P.M. SNACK Mix Berries Milk</p>	<p>EHS/Dinos: D-Diced/Chopped S-Steamed *Alternate choice</p>	

Whole Milk is served to children 12-24 months

CN: Child Nutrition Label/PFS: Product Formulation Statement (PURPLE)

Recipe on file (BLUE)

Sugar Restriction Documentation on file (GREEN)

WGR: Whole Grain Rich (ORANGE)